

Scottish Hearing Voices Network

Confidential Questionnaire for Family Members, Carers and Workers re. People who Hear Voices

Dear Friend

We are planning to set up a national office to help develop support for people who hear voices throughout Scotland and we have written a proposal about what the support service will do.

As part of this exercise we want to know more about what sorts of support people who hear voices want and what you would like to see a support service do for you as family members, carers and workers.

We would be very grateful if you would answer the questions below.

If you would like to give your views confidentially, require any further information about the Scottish Hearing Voices Network or if we can assist in any other way, you can contact us [here](#)

or write to us at HVN, 216 - 220 Hilltown, Dundee, DD3 7AU

You can read about the proposal for the National Office and Support Service and also let us know your views by going to the [website version](#).

1. Tell us about yourself

- Please tell us about your experience, for instance how long have you cared for someone who hears voices and what is it like for you to live or work with them?
- Are you or the person you live with in contact with mental health services? If you are a mental health worker do you work with people who hear voices, what are the issues you face?
- If you wish, please tell us your age, gender and your occupation
- Where do you live or work? (you only need to tell us the district, if you do not want to be too specific)

2. Do you have contact with other carers/workers and what kinds of support do you get from other people?

- Some people who live or work with people who hear voices find it helpful to talk to other people with similar experiences, do you ever do this?
- Does the person you care for attend a self help group for people who hear voices, if so, where do they meet and how often?
- What sort of group is it? (e.g. only for people who hear voices; open to carers and workers etc.)
- Do you do other things?
- Do you know about the work of the Hearing Voices Networks (read information, visit our websites etc.)

3. Support from services

- If your relative has problems because of hearing voices, do they receive support from local health care and social services agencies or from voluntary organisations?
- What sort of support do they get? Is it helpful?
- If you are a worker what kinds of support or treatment do you provide for people who hear voices?

4. Future Plans

- *What plans do you have to assist in increasing the support for your relative/service user & what other kinds of things are you going to do in the next 12 months or so?*

5. Problems and issues

- *What are the most important issues, obstacles and/or difficulties facing you because of your relative/service user hears voices?*

6. What do you think should be the priorities for the new National Support Service?

- *What would be the most important things a national support service could do to help support you? For instance helping to set up a hearing voices group, providing one to one support, carrying out anti-stigma work, providing an emergency help and telephone support service etc.*

7. General comments

- *Do you have any other comments you would like to make?*

Thank you for you completing this questionnaire.

Please return this form as an email attachment [here](#) or post it to us at SHVN, 216 - 220 Hilltown, Dundee, DD3 7AU

If it would be OK to contact you, please let us know you name and contact details postal (address and telephone number, email address)