



INNOVATIVE APPROACHES TO 'PSYCHOSIS' & HEARING VOICES

FEAT. INTERNATIONAL SPEAKERS WITH PERSONAL & PROFESSIONAL EXPERIENCE

Udruženje "Metanoia"



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www.ngometanoia.org



THIS EVENT EXPLORES:

The Maastricht Approach & Talking with Voices (Dirk Corstens)

Originating in Holland, The Maastricht Approach offers a way of 'de-coding' voices in the context of a person's life experiences. Talking with Voices offers guidance on how to create safe dialogues with difficult and distressing voices.

Finding Meaning in Voices through Peer Support Groups (Rachel Waddingham)

Rachel will share her experience of recovery from a diagnosis of schizophrenia and the role of Hearing Voices Groups in her journey. She explore the use of use of groups in england within prisons, forensic units, adolescent services and the community.

Open Dialogue and Systemic Approaches (Slobodanka Popovic)

Open Dialogue is an established ways of supporting people diagnosed with psychosis in Western Lapland that has had a remarkable recovery rate (85%) with minimal use of medication. Slobodanka explores this and other systemic approaches.

It will include a combination of presentations and group discussions, exploring ways in which this work may be implemented locally.

WHO IS THIS WORKSHOP FOR?:

This workshop is for : voice-hearers, family members, psychologists, psychiatrists, psychotherapists, nurses, occupational therapists, social workers, support workers, NGOs & anyone with an interest in this area.

TO RESERVE YOUR PLACE:

E: udruzenjemetanoia@gmail.com

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SATURDAY 21 JUNE

10:00 - 17:00

Centar za kulturnu i medijsku dekontaminaciju

Kampus Univerziteta u Sarajevu - Zmaja od Bosne 8



DIRK CORSTENS:

Dirk is a Social Psychiatrist and Psychotherapist, trained in

Cognitive, Psychodynamic and Systems therapy, Transactional Analysis and Voice Dialogue Work. He is the chair of Intervoice (www.intervoiceonline.org).



RACHEL WADDINGHAM:

Rachel hears voices, sees visions and was diagnosed

with schizophrenia in 1998. Through coming to a Hearing Voices Group and making sense of her voices, she now lives a life free of medication and no longer considers herself 'ill'.

SLOBODANKA POPOVIC

Slobodanka is an experienced Family Psychotherapist (Systemic Psychotherapist) who works in the UK health system (NHS) with people who have this experience.