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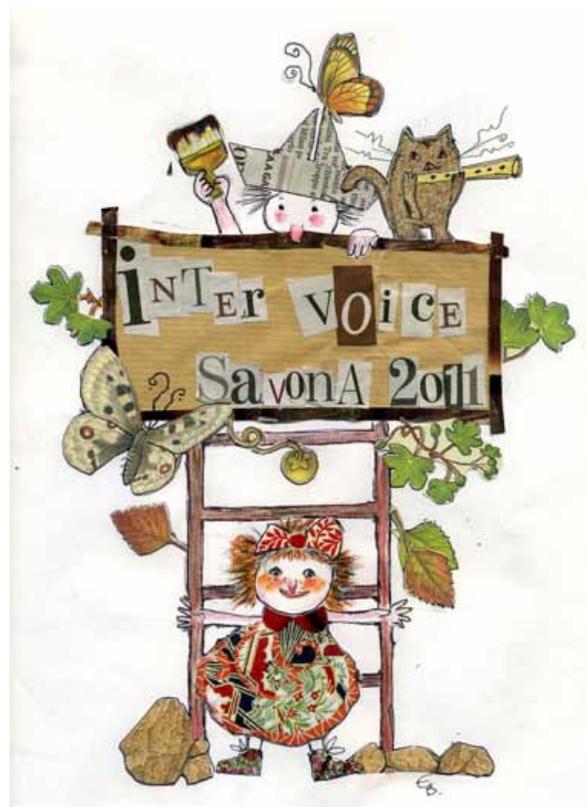
Regione Liguria – Comune di Savona – Società Italiana di Psichiatria
Società Italiana di Epidemiologia Psichiatrica – Movimento “Le Parole Ritrovate”
Associazione Ligure Famiglie Pazienti Psichiatrici

In collaboration with:

Fondazione “De Mari” Cassa di Risparmio di Savona – ASL 2 “Savonese” – ARCI Savona
Associazioni di Promozione Sociale “Noi per Voi”, “A Cielo Aperto”, “Un club per amico”
SPES (Società di Promozione degli Enti Savonesi per l’Università)

3rd INTERNATIONAL CONGRESS ON HEARING VOICES
“LIVING WITH VOICES: PATHS TO RECOVERY”
2 and 3 September 2011

PROGRAMME



University Campus
SAVONA

FRIDAY 2 SEPTEMBER

8.00-9.00

REGISTRATION

9.00-9.30

WELCOME ADDRESSES (plenary session)

- *Isabella Sorgini* (Municipality of Savona)
- *Antonio Maria Ferro* (Mental Health and Substance Abuse Department, Local Health Authority of Savona)
- *Luigi Ferrannini* (Italian Society of Psychiatry)

9.30-10.30

STORIES OF RECOVERY (plenary session)

- *Rina van der Voorde* (Holland)
- *Kate Crawford* (England)
- *Kelly Bayley* (Australia)
- *Marina Lykovounioti* (Greece)

10.30-11.00

COFFEE BREAK

11.00-13.00

RECOVERY FACTORS (plenary session)

CHAIRPERSONS: *Cristina Contini* (Italy) and *Marius Romme* (Holland)

- Recovery factors; or what helps and what doesn't – *Gail Hornstein* (USA)
- Emancipatory pride as crucial factor in the recovery process - *Cristiano Castelfranchi* (Italy)
- Freedom as participation: an user led research on the recovery of voice hearers - *Raffaella Pocobello & al* (Austria and Italy)
- Debate

13.00-14.30

LUNCH

Live music with *Olga Runciman & Michael Rassum* (Denmark) – The voices of me

14.30-16.30

PATHS TO RECOVERY (parallel workshops)

- Exploring the relationship between voices and the life history
 1. *Dirk Corstens* (Holland) - Eighty constructs, what do they tell?
 2. *Jacqui Dillon & Eleanor Longden* (England) - Trauma, dissociation and voices
 3. *Marius Romme* (Holland) & *Pino Pini* (Italy) – Presentation of the Italian edition of "Making Sense of Voices" and "Living with voices"
- Support during psychotic episodes
 4. *John Watkins* (Australia) - Unshrinking psychosis: understanding and healing the wounded soul
 5. *Will Hall & Oryx Cohen* (USA) - Coming off medication: an harm reduction approach
 6. *Sandra Escher* (Holland) - Children who hear voices
- Coping strategies
 7. *Cristina Contini & Franca Errani* (Italy) – Beyond coping: the dialogue with the voices
 8. *Samuel Ruggiero & Elisabetta Berta* (Italy) - Relaxation techniques and yoga for voice hearers
 9. *Rufus May* (England), *Alessandra Santoni & Marcello Macario* (Italy) - Talk with aggressive voices
 10. *Ros Thomas & Gateway Community Health* (Australia) - Working with young people who hear voices: early intervention in the community

16.30-17.00

COFFEE BREAK

17.00-18.00

PATHS TO RECOVERY (plenary session)

CHAIRPERSONS: *Cristina Contini* (Italy) and *Marius Romme* (Holland)

- Debate with the coordinators of the workshops

SATURDAY 3 SEPTEMBER

8.00-9.00

REGISTRATION

9.00-9.30

WELCOME ADDRESSES (plenary session)

- *Lorena Rambaudi* (Liguria Region)
- *Giuseppe Tibaldi* (Italian Society of Psychiatric Epidemiology)
- *Giovanni Durante* (ARCI Savona)
- *Roberto Romani* (Foundation "Agostino De Mari")

9.30-10.30

STORIES OF RECOVERY (plenary session)

- *Elisabeth Svanholmer* (Denmark)
- *Catherine McGroggan* (Ireland)
- *Glenda Piona* (Italy)

10.30-11.00

COFFEE BREAK

11.00-13.00

EPIDEMIOLOGICAL RESEARCHES, MEDICATIONS AND COPING STRATEGIES (plenary session)

- CHAIRPERSONS: *Ron Coleman* (Scozia) and *Marcello Macario* (Italia)
- Epidemiological researches on voices – *Eleanor Longden* (England)
- Using medications wisely and coming off medication - *John Watkins* (Australia)
- Emergency strategies to cope with the voices - *Cristina Contini* (Italy)
- Debate

13.00-14.30

LUNCH

Live music with *Olga Runciman & Michael Rassum* (Denmark) – The voices of me

14.30-16.30

PATHS TO RECOVERY (parallel workshops)

- Recovery process
 11. *Karen Taylor* (Scotland) - Recovery of professionals
 12. *Ron Coleman* (Scotland) - Recovery of voice hearers
 13. *Italian family members* (Italy) - Recovery of family members
 14. *Irene van de Giessen & Suzanne Engelen* (Holland) - Recovery factors from the voice hearer perspective
 15. *Ros Bowyer* (Australia) – Voices at work: a programme to support voice hearers in getting a job
- Hearing voices groups: between freedom and structure
 16. *Rachel Waddingham* (England) - Working creatively: developing hearing voices groups for young people
 17. *Peter Bullimore* (England) - Starting a paranoia self help group and understanding the experience
 18. *HV groups from Milan, Imola and Reggio Emilia* (Italy) - Start up of an HV group: within/outside/close to the mental health services
- Live!!! (film & theater)
 19. *Ken Rosenthal* (USA) - Crooked Beauty (www.crookedbeauty.com) the recovery journey of Jacks McNamara
 20. *"A cielo aperto" Association* (Italy) - Live theater with voices

16.30-17.00

COFFEE BREAK

17.00-18.00

PATHS TO RECOVERY (plenary session)

CHAIRPERSONS: *Ron Coleman* (Scozia) e *Marcello Macario* (Italia)

- Debate with the coordinators of the workshops

LANGUAGES

Languages of the Congress are English and Italian (with simultaneous translation of plenary sessions and of some workshops).

REGISTRATION

To register it is necessary to complete the online "Registration form" at www.parlaconlevoci.it and to pay the following participation fees:

- HEALTHCARE OR SOCIAL SERVICES PROFESSIONALS: 140 EURO
- VOICE HEARERS, SERVICE USERS, FAMILY MEMBERS, VOLUNTEERS, STUDENTS, ETC: 70 EURO

NB: participation fee includes lunches and coffee breaks in the campus dining hall

Participation fee must be paid by bank transfer to:

ARCIMEDIA COOP SOC – ONLUS, via Giacchero 22, 17100 Savona

Bank name: Cassa di Risparmio di Savona, branch Porto

IBAN: [IT46A0631010601000001001280](#) - BIC: [CRSVIT2S101](#) - CIN: A

Specify: "Participation to INTERNATIONAL CONGRESS Mr/Mrs/Ms"

HOW TO REACH SAVONA

Closest airports are:

- Genova (5 minutes by taxi to Genova Sestri train station, then 40 minutes by train to Savona)
- Torino (approx. 30 minutes by bus to Turin Porta Nuova train station, then approx. 2.5 hours by train to Savona)
- Milano Malpensa (approx. 45 minutes by bus to Milano Centrale train station, then approx. 2.5 hours by train to Savona)
- Milano Linate (approx. 25 minutes by bus to Milano Centrale train station, then approx. 2.5 hours by train to Savona)
- Bergamo Orio al Serio (approx. 60 minutes by bus to Milano Centrale train station, then approx. 2.5 hours by train to Savona)
- Pisa (Pisa Aeroporto train station is just outside the airport terminal, then approx. 4 hours by train to Savona)
- Nice, France (approx. 30 minutes by bus to Nice Ville train station, then approx. 3 hours by train to Savona)

Arriving by car:

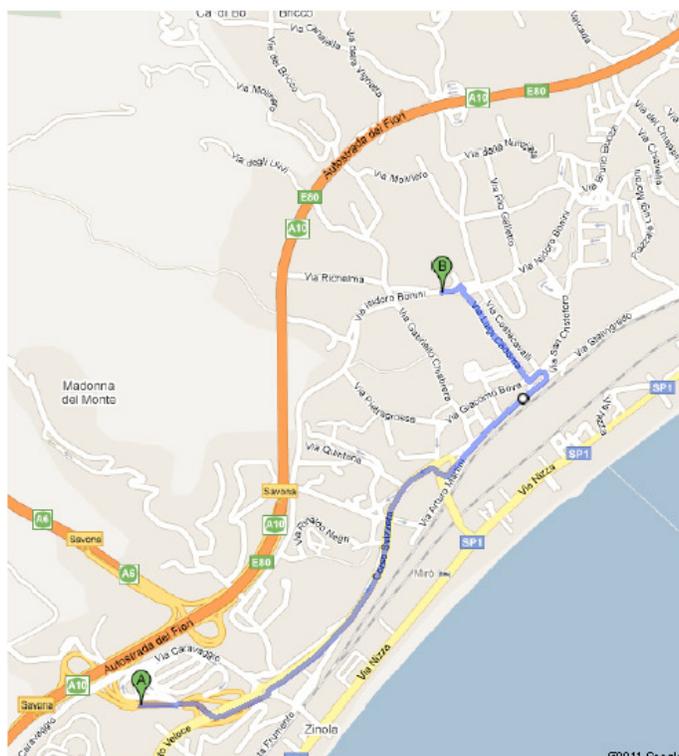
- Savona is in the north-west of Italy (50 km west from Genova and 130 km south from Torino): take Savona exit on the highway A6-A10

Arriving by train:

- take the train to Savona train station

To reach the University Campus:

- by car: exit the highway at Savona exit (A) and follow the signs to city center (Città Centro), after 500 meters turn left (after a little church), pass by the soccer stadium, at the roundabout go left. The Campus entrance is ahead immediately on the right (B)
- by train: exit Savona train station and walk 50 meters to the left to reach the bus stop, take bus n. 4 direction "Legnino 167" (bus every 20 min.) and get off at the via Bonini stop



HOTEL ACCOMODATIONS

If you need to book an hotel accomodation, fill out the online form "Hotel Accomodations" at www.parlaconlevoci.it and we will make a reservation (bed & breakfast) in one of the available hotels in Savona and on the coast toward Genova (Albisola, Celle and Varazze).

You can reach **the hotels** by train (Savona-Genova line: stops at Albisola, Celle and Varazze) or by TPL bus (Savona-Varazze line: stops at Albisola, Celle and Varazze)

4 star Hotel	Double room: from 140 to 170 euro
3 star Hotel	Double room: from 95 to 135 euro
2 star Hotel	Double room: from 70 to 90 euro

Another option is to stay at the **"Villa De Franceschini" Hostel** via alla Strà 29 (Conca Verde), 17100 Savona - Telephone +39 3398309853 - Website www.ostello-de-franceschini.com

The Hostel is in the hills about 5 km from Savona city centre, in a beautiful panoramic location, but there are no public transportation services and you can arrive there only by car or by taxi (about 15 euro from Savona train station).

The Hostel offers one room with 4 beds, 8-bed rooms (16 rooms) and 10-bed rooms (3 rooms). Rooms are for men or women, or for people from the same group. There are bathrooms and showers to be shared on each floor. (NB: the Hostel supplies bed linens but not towels).

During the Congress there will be a complimentary shuttle bus service between the Hostel and Campus:

- in the morning: leaving from the Hostel at 8.30
- in the afternoon: leaving from the Campus at 18.00

If you wish to book accomodation at the Hostel, fill out the online form "Hotel accomodations" at www.parlaconlevoci.it. It is also necessary to make a 30%, non-refundable deposit). You need to specify in the form:

- if you wish to use the shuttle bus
- if you wish to have dinner at the Hostel, and on which days.

"Villa De Franceschini" Hostel	Bed and breakfast: 12 euro Dinner: 10 euro
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PARTY AT THE PRIAMAR FORTRESS



A party with live music, food and drinks will take place on Friday 2 September from 8 PM in the Priamar fortress. The expected cost to participate will be 20 euro per person.

The Priamar fortress, located on rocks over the sea (in the local dialect Priamar means "stone on the sea"), close to the Savona port, was built during the Middle Ages. From the top of the walls there is a breathtaking panorama of the town and the Ligurian Sea.

Bus service to the hotels and the hostel will be available at the end of the party.

FOR MORE INFORMATION

About hotels, hostel and travel options

- intervoice.savona@yahoo.it
- +39 019807494 (mon wed thur from 10 to 12 - Marisa Ghersi)

About the contents of the Congress

- info@parlaconlevoci.it
- +39 335 1362180 (Marcello Macario)

