

## PARALLEL SESSIONS - DAY ONE

Parallel Session one Spirituality and different belief systems  <i>Chair Karen Taylor</i>	Parallel session two Hearing voices Research  <i>Chair Eleanor Langdon</i>	Parallel session three Workers changing practice  <i>Chair Joe Calleja</i>	Parallel session four Peoples recovery stories  <i>Chair –to be decided</i>	Workshop one
<p><i>1 Sonia Johnson and Patrick Le Cardinal</i></p> <p>Where do the phenomena (voices, tastes, visions, smells, physical phenomena in general) actually come from ? Two different approaches</p>	<p><i>1 Clara Humpston</i></p> <p>Schizophrenia is fundamentally a self-disturbance -In this paper I attempt to explain the many facets of Self-disturbances by disentangling the boundaries between self and other</p>	<p><i>1 Pino Pini</i></p> <p>The importance to link closely the voice hearers groups to user and relative associations and to services a Tuscany experience</p>	<p><i>Robin Timmers</i></p>	<p><i>Indigo Daya and Paul Baker</i></p> <p>Setting up and running hearing voices networks. Two very experienced network organizers will take you through the process of starting groups &amp; networks</p>
<p><i>2 Willa Casstevens</i></p> <p>Voice hearing Interpreted: coping with spirits, Demons and/or Stress</p>	<p><i>2 Amanda Waegli</i></p> <p>Outcomes of Richmond fellowship voices@work project</p>	<p><i>2 Loretta Foster</i></p> <p>Leading by following the power of the hearing voices approach to transform a mental health team</p>	<p><i>Mette Askov</i></p>	<p><i>Workshop two</i></p>
<p><i>3 Jacqueline Hayes</i></p> <p>Hearing from the dead; spirits or everyday lives</p>	<p><i>3 Joachim Schnackenberg</i></p> <p>Experience focused counseling with voice hearers-early feedback from a randomized controlled pilot studies</p>	<p><i>Sue Ruggeri</i></p> <p>The MHC experience transforming a private, low secure service to be recovery orientated and embrace the hearing voices approach</p>	<p><i>Berta Britz</i></p>	<p><i>Peter Bullimore and Chris Tandy</i></p> <p>This workshop will present the key aims and central themes behind a training initiative for making sense of voices and visions</p>
<p><i>4 Wendy Micklewright</i></p> <p>Telepathy old as the hills ?</p> <p>If voice hearing is often caused by trauma could it be telepathy, what do you think ? After emailing 900 psychologists with a simple questionnaire their replies were interesting</p>	<p><i>4 Wendy Traynor</i></p> <p>Is person centred – experiential therapy helpful to adults who hear voices</p>	<p><i>Marian Goldstein</i></p> <p>Working as a voice hearer at a crisis centre</p>		

## PARALLEL SESSIONS - DAY TWO

Workshop/Parallel session five day two Spirituality and different belief systems	Parallel session 6 Hearing voices research  <i>Chair Lyn Mahoub</i>	Parallel session 7 Young people and hearing voices  <i>Chair Rachel Waddingham</i>	Parallel session 8 Peer support and self help  <i>Chair Oryx Cohen</i>	Workshop one
<i>Carol Dugdale</i>  An introduction to astrology as a tool for self awareness in identifying the contradictory nature with in our personalities <i>45 minutes</i>	<i>1 Summer Schrader</i>  International perspectives on voice hearing research	<i>1 Claire Chapman</i>  Working with young people throughout their journeys to self defined recovery  <i>20 minutes</i>	<i>1 Indigo Daya</i>  Individual peer support programme Merging the HV approach with intentional peer support	<i>Will Hall</i>  Coming off psychiatric medications and harm reduction approach
<i>Ivan Barry</i>  Oracles , dreams and foot prints in the sand. What happens when we pay attention to signs and symbols that manifest in front of us as we travel this life?  <i>45 minutes</i>	<i>2 Angela Woods and Charles Fernyhough</i>  “Hearing the voice” an interdisciplinary research project based at Durham University	<i>2 Claire Powell</i>  Voice Collective group This presentation shares the range of strategies we have used to help young people who are voice hearers feel empowered at home and school.  <i>30 minutes</i>	<i>2 Catherine Whitaker</i>  “ I leave my voices in the cell on Fridays” Hearing voices groups in prisons This presentation shares the journey of the groups we run in prisons, drawing out the challenges as well as the things we have found most useful along the way	<i>Workshop two</i>
	<i>3 Eleanor Cross</i>  I must be a beast to be on a section, schizophrenia, identity and normality	<i>3 Ros Thomas and Sarah Sewell</i>  This presentation aims to introduce attendees to one of the fresh and innovative approaches we are using in our Young people’s discovery program that assists our young people in making sense of their experience and reframing their lives <i>40 minutes</i>	<i>Nicky Forysthe</i>  Talk for health Therapy with out therapists This is a new approach based on teaching people how to talk and listen in a therapeutic way.	<i>Jim Campbell and Ron Coleman</i>  Working with male survivors of sexual abuse
	<i>4 marcello Macario</i>  The Italian Voice hearers movement: networking and research outcomes		<i>Zanell</i>  I mix music, a DJ, on turntables with records and CD’s. It has been the best coping strategy I have ever experienced for ‘hearing voices’I explain the benefits (not only are you listening to the music, but you also have to concentrate on counting beats, mixing sounds together and making the ‘set’ smooth. The volume can go a lot louder than the usual mp3 player or sound system, very useful if having ‘very loud voices’, and it is in the earphones and on the speakers (so you’re also listening at two places at the same time). At worst, if the music and volume doesn’t help to ‘drown out the voices’, alas you will at least be listening to some good music and concentrating somewhere else.	
	<i>5 Maria Haarmans &amp; Filippo Varese</i>  Links between trauma, dissociation and voices: Evidence from quantitative and qualitative studies of the Liverpool Psychosis Research Team			