

Visions & Voices

*Diwrnod Clywed Lleisiau'r Byd*

World Hearing Voices Day



Join us to celebrate the acceptance of hearing voices.  
Help us promote recovery for those who experience distressing voices.

**14th Sept (Medi) 2012**

**10:30am-3:30pm**

**at Dolman Theatre, Newport, Gwent**

**We aim to provide a vibrant day promoting awareness and unity in Wales  
Ein bwriad yw darparu diwrnod bywiog i hyrwyddo ymwybyddiaeth ac undod yng Nghymru**

**Share knowledge, experience, stories, poems and artwork**

**For more information**

**or to book your place**

**please call Maria on 07975 528367**

**or email [visionsandvoices.newport@gmail.com](mailto:visionsandvoices.newport@gmail.com)**

**Limited availability so book now!**

**Light refreshments included**

**Mynediad am ddim!  
Free Entry!**