



Metanoia

HVN: NEXT STEPS

BUILDING A HEARING VOICES NETWORK IN BOSNIA AND HERZEGOVINA

f Udrúženje "Metanoia"



udruzenjemetanoia@gmail.com



www.ngometanoia.org



ABOUT THIS WORKSHOP

Hearing Voices Networks can be found in five continents of the world, and over 25 individual countries - including Holland, UK, USA, Germany, France, Australia, Uganda and Denmark.

We would like to invite you to come and meet with us to explore how we can develop a similar network in Bosnia and Herzegovina to better to support people who hear voices or see visions.

This half day workshop provides an opportunity to:

- Hear examples of groups in a range of settings (community, hospital, prison & youth services) and how they have helped people.
- Learn the fundamental principles of Hearing Voices Groups and how they are facilitated.
- Join us in planning the best way to introduce the Hearing Voices Movement approach to Bosnia
- Find out about upcoming training opportunities to support this initiative

WHO IS THIS WORKSHOP FOR?

This workshop is for: anyone who is interested in supporting the development of a Hearing Voices Network in Bosnia. This might include people who hear voices, family members, clinicians and other supporters.

TO RESERVE YOUR PLACE:

E: udruzenjemetanoia@gmail.com

T: + 387 62 760 209

FRIDAY 20 JUNE

16:00 - 20:00

Centar za kulturnu i medijsku dekontaminaciju

Kampus Univerziteta u Sarajevu - Zmaja od Bosne 8

inter
voice



DIRK CORSTENS:

Dirk is a Social Psychiatrist and Psychotherapist, trained in

Cognitive, Psychodynamic and Systems therapy, Transactional Analysis and Voice Dialogue Work. He is the chair of Intervoice (www.intervoiceonline.org).



RACHEL WADDINGHAM:

Rachel hears voices, sees visions and was diagnosed

with schizophrenia in 1998. Through coming to a Hearing Voices Group and making sense of her voices, she now lives a life free of medication and no longer considers herself 'ill'.

SLOBODANKA POPOVIC

Slobodanka is an experienced Family Psychotherapist (Systemic Psychotherapist) who works in the UK health system (NHS) with people who have this experience.